

### CLOSING THE GAP

Mission: To create and instill a competitive, sporting ethos at Umhlanga College catering for every child.

Objective: To put into place an action plan that 'closes the gap' on the current status of sport at Umhlanga College and moves towards the desired vision. The plan that has been devised is sport specific and uses a combination of the Physical Education lessons as well as extra mural sport to achieve the goals laid down.

ISSUE	ACTION TO BE TAKEN	EXECUTION	INDIVIDUAL RESPONSE	COMPLETE BY
1. DEVELOPING SPORTING SKILLS AT ALL LEVELS	1. Devise a specific and detailed programme for upskilling each child in selected fields.	<ul style="list-style-type: none"> <li>• Focus on each sport offered by the School.</li> <li>• Skills to run from the lowest level to U13.</li> </ul>	Sport Co-ordinator and Head of Sport	January 2012
	2. Integration of programme into PE lessons across the School.	<ul style="list-style-type: none"> <li>• 3. PE lessons to mirror the major sport on offer each term.</li> </ul>	PE teachers	January 2012
	3. Diversify PE lessons	<ul style="list-style-type: none"> <li>• Detailed lesson plans for PE lessons from Grade R – 3 to be completed.</li> <li>• These plans to lay down the exact expectations and strategies to achieve them.</li> <li>• An intern must attend Grade 1 &amp; 2 PE lessons as there is a safety concern with Mr Ackerman being the only staff member in the pool with these grades.</li> </ul>	Head of Sport and PE teachers	October 2011

		<ul style="list-style-type: none"> <li>• Detailed lesson plans for PE lessons from Grade 4 – 7 to be completed.</li> <li>• These plans to lay down the exact expectations and strategies to achieve them.</li> <li>• Mr Minnie to be used more effectively in assisting with the junior programme.</li> <li>• More diverse PE lessons must be constructed using a variety of different sports in smaller groups at the same time. This will assist in up skilling as there will be greater personal attention.</li> <li>• Due to manpower shortages, at present this is only possible in the Intermediate Phase.</li> </ul>		
	4. Assessment	Accurate assessment criteria to measure if the up skilling is taking place in PE lessons.	Head of Sport and PE teachers	October 2011
	5. PE assessment to appear on report cards	Add new category to report cards.	IT Manager, Phase Heads, Head of Sport and PE teachers	June 2012
	6. Publicising plan to parents, staff and children.	<ol style="list-style-type: none"> <li>1. Via newsletter</li> <li>2. On website</li> <li>3. Via parent information evenings</li> </ol>	Headmaster	January 2012

	<p>7. Swimming – a detailed swimming training programme to be followed.</p>	<p>A notice board to be installed in the swimming pool area with details of the swimming training programme as well as gala information etc.</p>	<p>Debbie Reardon and Hayley Duncan Graeme Waite and Fanie Van Vuuren</p>	<p>January 2012 January 2012</p>
	<p>8. Cricket – draw up a detailed cricket coaching programme for all age groups from Grade 1 -7.</p>	<ul style="list-style-type: none"> <li>• Small pods of boys to be taken in the PE lessons and receive coaching from Mr Minnie. This will be done on a rotational basis and boys will be grouped according to ability. Each boy will receive equal benefit.</li> <li>• Two cricket practices a week from Grade 3 – 7. One practice in the nets and one either using the middle or fielding. Constant net practice is no longer acceptable.</li> <li>• Mr Minnie, to act in roaming advisory role to all teams on an equal basis.</li> <li>• Possible mini, action-cricket league on the new astro available for all Grades. In particular the Foundation Phase boys as well as the Intermediate Phase teams who have fewer fixtures.</li> </ul>	<p>Riaan Minnie</p> <p>All coaches</p> <p>Mr Minnie</p> <p>Darren Price-Moor</p>	<p>30 November 2011</p> <p>October 2011 – March 2012</p> <p>In place</p> <p>January 2012</p>

2. DEPTH	1. Improve the depth of our sporting talent through our enrolment process.	1. Advertise Open Days 2. Newspaper and magazine adverts	Headmaster Phase Heads Admissions Secretary Marketing	On-going
3. COACHING	1. Improve credibility of teacher-coaches	1. Sporting CV's of teacher onto website. 2. Photo – portfolios of coaches onto notice board. 3. Profile coaches in Sports Programme.	Sports Co-ordinator  Head of Sport  Head of Sport and Phase Heads	Immediate  Immediate  Immediate
	2. Coaches to upgrade qualifications through attending courses.	1. <u>Rugby</u> - Rugby teachers and coach to be Bok Smart qualified. - Every coach to be qualified to at least Level 1 of the NRU's coaching levels. - Andy Keast to provide pre-season refresher training for all coaches for forthcoming season. - All rugby coaches to attend the Sharks' January Coaching Clinic. 2. <u>Hockey</u> - Teachers and coaches to be qualified through KZN Hockey. - Adele Madsen to provide pre-season refresher training for all coaches. 3. <u>Swimming</u> - Swim coaches to ensure	Head of Sport	On-going

		<p>they are qualified to the appropriate level with Swim SA.</p> <ul style="list-style-type: none"> <li>- Coaches to attend refresher courses when these are offered.</li> </ul> <p>4. <u>Cricket</u></p> <ul style="list-style-type: none"> <li>- Coaches to be qualified with the KZNCU to at least Level 1.</li> </ul>		
	3. Outsourced coaches	<ul style="list-style-type: none"> <li>- Outsourced coaches to agree to abide by the UC over-arching policy on sport.</li> <li>- Outsourced coaches, to work, as far as possible, alongside a teacher-coach or administrator.</li> <li>- Outsourced coaches will be considered, only where the School lack specific expertise or when, to adequately cater for every team.</li> </ul>		
	4. Communicating the message.	<ol style="list-style-type: none"> <li>1. Announce coaches' qualifications over PA at sports events.</li> <li>2. Publish detailed records of results.</li> <li>3. Keep clear and accurate statistics of all matches.</li> </ol>	<p>Headmaster and Phase Heads</p> <p>Head of Sport</p> <p>Head of Sport and Coaches</p>	<p>Immediate</p> <p>Immediate</p> <p>Immediate</p>

4. FACILITIES	1. 'Sweat' our facilities more	<ol style="list-style-type: none"> <li>1. Implement early and late sessions.</li> <li>2. Diversify PE lessons to make maximum use of facilities</li> </ol>	<p>Head of Sport &amp; Phase Heads PE teachers</p>	<p>Term 4 2011  Immediate</p>
	2. Indoor Sports Centre is needed	<ol style="list-style-type: none"> <li>1. Take proposition to PA for support.</li> <li>2. Table before Board (Buildings &amp; Grounds) for approval.</li> <li>3. General support from parents by informing them.</li> <li>4. Build the facility</li> </ol>	<p>Headmaster  Headmaster  PA  Through the PA and Board</p>	<p>PA Meeting Term 4: 2011  UC Board Meeting Term 1: 2012  Term 1: 2012  During 2012</p>

**SPORT OFFERED BY UMHLANGA COLLEGE PER TERM**

TERM	SPORT						
	Cricket	Rugby	Soccer	Tennis	Hockey	Netball	Swimming
1	✓			✓		✓	✓
2		✓	✓	✓			
3				✓	✓		
4	✓			✓		✓	✓
* Denotes Compulsory							